

**Proctology Associates of Maine**

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**- Genital Warts -**

You have been diagnosed with genital warts. Also known as Condyloma(ta) acuminata, genital warts are due to the Human Papillomavirus (HPV).

Approximately 75% of the sexually active population is felt to have been infected with this sexually transmitted disease (STD). The infection may be "subclinical" - without evidence of symptoms - though it is still possible to infect others.

Understanding the nature, the risks, and the options for attending to any medical condition - including HPV - is the number one form of successful "treatment". There is a tremendous amount of information regarding this disease; handouts are available for additional information. Further, the practitioners working with you regarding this issue will be happy to answer any questions that you might have.

There is also a great deal that is not known about HPV and condyloma; new information and recommendations develop over time.

*There is evidence of an increased risk of developing cervical and vaginal (with gynecologic warts) and ano-rectal (with anal warts) cancer associated with HPV.* Current recommendations are constantly being reviewed with regard to this risk. However, routine screening with **pap smears** are part of assessing and monitoring such risk. A comprehensive evaluation - including with **high resolution anoscopy** (HRA), possible **biopsy**, and **additional testing** - may be indicated

Further, a full assessment of possible STD infections, commonly associated with genital warts, is essential.

We recommend such an assessment immediately. Options include an evaluation @:

1. the STD Clinic in your area (see handout)
2. your primary care providers office

It is your responsibility to have such an evaluation. This evaluation will include counseling regarding the risk of and testing for HIV and other STD's. It is in your best interest to have this testing done confidentially and to be attentive to issues regarding billing related to such testing.

**We also recommend appropriate identification, assessment, and treatment for your sexual partner(s).  
Safer sex practices minimize the risk of STD's.**

A tremendous variety of treatment options exist and will be tailored to your individual situation. *Optimal immune support is essential* with attention to appropriate lifestyle choices. Folic acid supplementation is recommended.

We remain available to provide you comprehensive care with regard to all of your proctologic medical needs. If you should have any questions regarding this or any other proctologic issue, do not hesitate to contact us.

Thank you.

The Professionals @ Proctology Associates of Maine

I have received, read, and have had any questions answered with regard to genital warts and STD's.

I \_\_\_ will \_\_\_ will not \_\_\_ will consider having \_\_\_ have had STD testing.

\_\_\_\_\_  
(signed)

\_\_\_\_\_  
(witness)

**Patient Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Date:** \_\_\_\_\_